

ALCOHOL/DRUG ABUSE

Addiction Solutions Counseling Center	989-779-9449
Alcoholics Anonymous & Alanon Club	989-772-4955
Catholic Family Services	989-773-9328
Central Diagnostic & Referral Services Inc.	800-342-0349
Listening Ear	989-772-2918
1016 Recovery Network	989-817-7915

ABUSE: CHILD/SPOUSE

Report Abuse MI DHS	855-444-3911
Child & Family Enrichment Council	989-774-6459
Listening Ear Crisis Center	989-772-2918
	www.listeningear.com
Men Overcoming Violent Experiences	989-772-9168
Sexual Aggression Peer Advocates	989-774-2255
Women Overcoming Violent Experiences	989-772-9168
RISE (Women's Aid Service)	989-773-0078
24 Hour Crisis Line	844-349-6177
Child & Family Enrichment Council (CAFÉ)	989-774-6459

SEXUAL ASSAULT/PHYSICAL ABUSE

Report Abuse MI DHS	855-444-3911
RISE (Women's Aid Service)	989-773-0078
24 Hour Crisis Line	844-349-6177
Underground Railroad	989-755-0413
24 Hour Helpline	888-399-8385
24 Hour Helpline - Texting Only	989-770-8892

COUNSELING

Catholic Family Services	989-773-9328
Christian Counseling Services	989-317-4664
Community Mental Health Services	989-772-5938
Listening Ear (24 hour crisis line)	989-772-2918
Community Counseling Associates (Mt. Pleasant)	989-773-0222
Stephen's Ministries - Carol Lanfear	989-773-6934

EMPLOYMENT TRAINING/ASSISTANCE

Michigan Works!	989-772-5304
Michigan Rehab Services	989-773-5925

TRANSPORTATION

I-Ride	989-772-9441
Stargazer Transportation LLC	989-775-8294

CELL PHONES

Assurance Wireless	assurancewireless.com
SafeLink Wireless	www.safelinkwireless.com

ADULT EDUCATION

Mt. Pleasant Community Education	989-775-2370
Beal City Alternative/Adult Ed. Program	989-773-9543
Odyssey Alternative High School	989-773-9473

LEGAL SERVICES

Legal Services of Eastern Michigan <i>(Free legal assistance in non-criminal cases for eligible low income persons)</i>	800-322-4512
Center for Civil Justice	800-724-7441
Friend of the Court	989-772-0911 x237

INTERNATIONAL SERVICES

International Women's Club of Mid Michigan	989-773-5050
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CENTRAL MICHIGAN UNIVERSITY

THE FOLLOWING SERVICES ARE FOR CMU STUDENTS ONLY

Sexual Assault Services (SAPA)	989-774-2255
Counseling Center at CMU	989-774-3381
Mt. Pleasant Housing Office CMU	989-774-3111
CMU Police	989-774-3081
Safe Rides (8pm-1am)	989-774-4357

LOCAL RESOURCES

Your guide to
Central Michigan
area business &
service organizations
that are here to
help & serve you.

Provided By:



As a convenience to our clients, Life Choices provides a list of referrals. These referrals are not affiliated with Life Choices, and this is not a recommendation or endorsement to use any particular provider/agency. Life Choices, its officers, directors, agents, employees, successors and representatives assume no liability for the services furnished and make no warranty or representation, express or implied, as to the background, training, condition, capacity or any other aspect of the qualifications or performance of these referrals. All clients agree that any decision to use any of these referrals is based on their own independent decision, which should be based on their own due diligence inquiries and observations. Clients release Life Choices of any claims of any type or kind whatsoever arising out of the use of these referrals.

HEALTH/MEDICAL SERVICES

McLaren Central Michigan <i>(24-Hour Emergency Medical Care)</i>	989-772-6700
Spectrum Health, Greenville	616-754-2944
Central Michigan District Health Department	989-773-5921
Isabella Urgent Care (Bluegrass)	989-317-0565
Ready Care (South Drive)	989-773-1166
Urgent Care Express	989-773-9669
Isabella Citizens for Health	989-779-5270
Women's Medical Center	989-773-3411
Fox Pediatrics, Constanza Fox, M.D.	989-400-4369
Center For Women's HealthCare	989-584-3107
MyMichigan Medical Center Mt. Pleasant	989-775-1600
MyMichigan Medical Center Alma	989-463-1101
MyMichigan Obstetrics & Gynecology	
Alma	989-466-5486
Midland	989-837-9400
Mt. Pleasant	989-772-3009
Clare/Harrison/Gladwin	989-837-9400
Midland OB/GYN Associates Midland	989-839-3170

NUTRITION/FOOD

Isabella Community Soup Kitchen	989-772-7392
WIC (Women, Infants & Children)	989-773-5921
MSU Extension Office	989-317-4079
Community Compassion Network (Food Pantry)	989-863-4449
St. Vincent DePaul Food Pantry	989-828-5720

AIDS/STDS

AIDS/STD Hotline	800-872-2437
Central Michigan District Health Department	989-773-5921
Life Choices of Central Michigan	989-773-6008

UNPLANNED PREGNANCY SUPPORT

Life Choices of Central Michigan	989-773-6008
Pregnancy Resource Center of Mid-MI	989-835-1500
Hope Pregnancy Center - Harrison	989-539-3911
Pregnancy Services of Gratiot County	989-466-2295

CHILD SERVICES

Big Brothers/Big Sisters Program	989-772-5232
Central Michigan District Health Department	989-773-5921
Child Advocacy 4C Association of Central Michigan	989-463-1422
Parent Child Interaction Therapy Clinic	989-774-3904
Child & Family Enrichment	989-774-6459
Early Head Start (0-3)	989-773-9186
Head Start (preschool)	989-773-9186
Child Development & Learning Lab, CMU	989-774-3760
Gratiot Isabella Regional Educational Service District RESD (Ithaca)	989-875-5101
Great Start Readiness Program (8CAP)	989-433-2963
Infant Pantry	989-546-3340

CHILD CARE INFORMATION

Child Care Referrals	www.greatstartconnect.org
Child Care Licensing Reports	www.michigan.gov/dhs
Central Regional Resource Center <i>(Midland Area)</i>	989-492-7700

PARENTING RESOURCES

Child & Family Enrichment Council <i>(car seat info, neglect & abuse programs)</i>	989-774-6459
Life Choices of Central Michigan	989-773-6008
Community Mental Health <i>(Infant-parent guidance program)</i>	989-772-5938
Great Start Collaborative	989-433-2962
Mt. Pleasant Community Church <i>(Mom's Group: Moms of Young Children Bible Study)</i>	989-773-3641

LIBRARIES

Chippewa River District - Rosebush	989-433-0006
Chippewa River District - Mt. Pleasant	989-773-3242
Coe Township Branch - Shepherd	989-828-6801
Fremont Township Branch - Winn	989-866-2550
Rolland Township Branch - Blanchard	989-561-2480
Weidman Public Library	989-644-5131

ADOPTION RESOURCES

Adoption Partners of Michigan	989-793-0000
Adoption Associates	616-667-0677
Bethany Christian Services	800-238-4269

GENERAL REFERRAL

WIC (Women, Infants & Child Services)	989-773-5921
MIChild/Healthy Kids	888-988-6300
Michigan Primary Care Association	517-381-8000
Department of Human Services	
Clare County	989-539-4260
Isabella County	989-772-8400
Gratiot County	989-875-5181
Salvation Army	989-773-4663
American Red Cross	989-773-3615
Listening Ear	989-772-2918
EightCAP, Inc.	989-772-0110
Social Security Administration	877-405-7667
Community Mental Health	989-772-5938
The Care Store	989-444-5203
Clothing INC	989-264-2510
2-1-1 (24/7 Helpline)	211

EMERGENCY SERVICES (911)

Poison Control	800-222-1222
Mt. Pleasant Police	989-779-5100
Fire Department	989-779-5100

DISCOUNT STORES

Goodwill Industries Mt. Pleasant	989-773-4884
Habitat for Humanity Restore	989-773-0043
Salvation Army Thrift Shop	989-772-7991

HOUSING

MSHDA	877-796-8883
Mt. Pleasant Housing Commission	989-773-3784
Maternity Homes & Shelters	hiddenchoices.org
Truworth Community Services <i>(Rural Heat & Energy Solutions)</i>	231-355-5880